DAILY EDITION

OVERLOOKED

Under-covered news from around the globe. Every story, five layers deep.

FRIDAY, OCTOBER 30, 2026 1 STORY · THEOVERLOOKED.NEWS

AFRICA · KINSHASA

28.8 million people in DR Congo face crisis-level hunger as conflict and a record Ebola outbreak collide



Explainer image: cassava, a staple food in Congo. Denis kasozi, CC BY-SA 4.0 via Wikimedia Commons. Context, not a photo of the event.

About 28.8 million people in the Democratic Republic of the Congo — 23 per cent of the population analysed — face crisis-level hunger or worse (IPC Phase 3+) through December, according to the latest IPC analysis.

That is up from 26.5 million in the January–June 2026 analysis. More than 3.6 million people are in Emergency (Phase 4), and [Prediction · IPC] the IPC projects 30.3 million in Phase 3 or worse from January to June 2027, including 4.2 million in Phase 4.

North Kivu, South Kivu and Ituri are hardest hit, with 10.4 million people in Phase 3 or above. The analysis comes as a record Ebola outbreak passes 10,000 cases and has spread to eight provinces.

DEPTH five layers, from what happened to the full picture

L1 WHAT HAPPENED

A new IPC analysis finds 28.8 million people in DR Congo facing crisis-level hunger or worse through December 2026 — 23 per cent of the population analysed, and 2.3 million more than in the previous analysis.

L2 WHO'S AFFECTED

Displaced people, returnees, refugees and poor households, above all in North Kivu, South Kivu and Ituri, where 10.4 million people are in Phase 3 or above. Djugu, Fizi, Shabunda and Walungu territories are classified in Emergency (Phase 4). Save the Children says more than 2,700 children have been infected in the Ebola outbreak.

L3 WHY IT'S QUIET

We don't have media-coverage data for this story yet, so we won't guess why it was quiet. It is here because the outlets below reported it and it drew little wider attention.

L4 DEEPER IMPACT

The IPC says conflict and displacement, a rapidly expanding Ebola outbreak, rising food and fuel prices, and floods and other climate shocks are compounding one another. Movement restrictions and fear of infection are cutting families off from food, work and health care, Save the Children says, [Opinion · Save the Children assessment] raising the risk of child malnutrition.

L5 FULL CONTEXT

[Prediction · IPC] The IPC expects conditions to worsen from January to June 2027, to 30.3 million people in Phase 3 or worse, driven by conflict, the spread of Ebola, [Prediction · IPC] expected El Niño flooding that could disrupt farming and markets, rising prices and declining humanitarian assistance. The Ebola outbreak, which began in Ituri, has passed 10,000 cases and reached eight DRC provinces and three other African countries.

SOURCES UN News: DR Congo: Hunger deepens for millions amid conflict, Ebola and climate shocks · Save the Children: DRC: Over 30 million people projected to face hunger as conflict and Ebola compound crisis · CARE: New IPC analysis: 28.8 million people in the DRC face hunger as conflict, displacement and Ebola deepen crisis · Action contre la Faim: DRC: 28.8 million people at risk of hunger, as Ebola spreads

Read online: theoverlooked.news/story/drc-hunger-28-million-ebola-conflict

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